

HEALTH PSYCHOLOGY REQUIREMENTS

HEALTH PSYCHOLOGY MAJOR AREA COURSE REQUIREMENTS

215A Health Psychology (Must be taken simultaneously with Psych 425)

215B Human Physiology in Social and Behavioral Science

218 Research Methods in Health Psychology

425 Health Psychology Lecture series (425 is required Fall and Winter of years 1, 2, and 3)

TWO additional electives from the following regularly offered courses:

216A: Psychology of Chronic Diseases (Stanton)

216B: Psychoneuroimmunology (Bower)

216C: Psychology of Women's Health (Stanton)

216D: Psychology of Aging and Health (Robles)

216E: Families, Emotions and Health (Repetti)

216F: Race/Ethnicity, Social Class, and Mental Health (Myers)

216G: Biology of Chronic Disease (Bower and Robles)

298 (To be 216H): Health Behavior and Behavior Change (Tomiyama)

225: Current Topics in Social Neuroscience (Taylor)

225: Emotion (Eisenberger)

M274: Health Status & Health Behaviors of Racial and Ethnic Minority Populations (Mays)

292: Biobehavioral Mechanisms of Stress and Disease (Grijalva and Myers)

298: Health Related Lifestyle Change (McCarthy)

298: Health Behavior Theory and Behavior Change (Tomiyama)

REQUIREMENT DEADLINES

1. Psychology 250ABC (Psychological Statistics), 251AB (Research Methods), and two core courses must be completed by the end of the first year.

2. Psychology 251C must be completed by the end of fall quarter of the second year.

The last two core courses must be completed by the end of Spring quarter of the second year.

Students in good standing may complete one of these courses during year three.

3. Presentation of 251 findings or any of the student's UCLA research findings in Psychology must be presented at the 425 Health Psychology lecture series by the end of the 3rd year.

4. The Comprehensive Examination Requirements must be completed by the end of spring quarter of the 4th year.

5. All remaining requirements and the Oral Qualifying Examination (Prelims) must also be completed by the end of spring quarter of the fourth year.

6. All requirements for the Ph.D. must be completed within six calendar years.

CORE PROGRAM REQUIREMENTS

250ABC {Statistics}

251ABC {Research Methods}

215A Health Psychology (Must be taken simultaneously with Psych 425, Health Psychology Lecture Series)

215B Human Physiology in Social and Behavioral Science

- Students who complete the 250ABC series may apply 250C as a quantitative core course and as a course that can be applied either toward the major OR minor in quantitative psychology. Alternatively, students have the option of selecting a course to substitute for 250C. This course must be selected from a list of approved courses that will be prepared by the Quantitative area and made available in Fall 2009. Please note that students who substitute another course for 250C will not be permitted to count the alternative course as a core course.
- Core courses may be applied toward minor area requirements if applicable. See Handbook chapters on Core Course Requirements and Minor Area Requirements for more details.

TEACHER TRAINING REQUIREMENTS

Psychology 495A and 495B– Presentation of Psychological Materials

Students must enroll in 495A Spring quarter of year one and in 495B when first assigned a TA appointment.

RESEARCH REQUIREMENTS

Research Courses:

251: Research Methods

596: Directed Individual Research and Study

597: Individual Studies: C-Exams/Program of Study Preparation

599: Research for Ph.D. Dissertation

Misc: See 296 & 400 listings for additional research credit options.

Research Requirements:

It is critical for our department to document the time students devote to research. It is equally important to document the research mentoring of students by faculty. Enrollment in independent research courses is an important way to accomplish this goal. It is therefore essential that students continually enroll in research courses each quarter, even when conducting library research or research conducted under GSR titles. Students enrolling in 296, 596, 597, 599, 296, and other research or lab meeting courses enroll under the faculty member with whom they are conducting the research. The units are variable: 2-12 units per instructor. Students working with several instructors should enroll in units with each one. Four units = approximately 12 hours a week; 8 units = 24 hours, etc. Psychology 251 Requirements: Refer to the 251 Guidelines bulletin for details.

596, 597, and 599 Requirements:

4 units of Individual Research are required each quarter following the completion of Psychology 251. Note that advanced students who have completed their coursework typically enroll in 12 or more units of 596/599 per quarter.

When applicable, enroll in Research Topics in Psychology (296) or other research/lab courses. Psychology 296 provides credit for joint faculty and graduate student meetings designed to support and facilitate student research expertise. Some areas and faculty also sponsor 400 series research courses.

PRESENTATION REQUIREMENTS

Presentation of 251 findings or any of the student's UCLA research findings in Psychology must be presented at the 425 Health Psychology lecture series by the end of the 3rd year.