**Annabel Kady**

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| **Education** | | | | | |  | | | |
| **Johns Hopkins University**  Bachelor of Arts in Psychological and Brain Sciences with Honors  Bachelor of Arts in Public Health  Cumulative GPA:3.83/4.00 **|** Honors: Dean’s List | | | | | **Baltimore, MD**  December 2021 | | | |
| **University of California, Los Angeles**  Doctoral Student, Clinical Psychology  PhD, Expected 2028  Advisor: Lara Ray, PhD | | | | | **Los Angeles, CA** | | | |
| **Research Experience** | | | | | | | | | | |
| Jan 2020 –Present | | | | **Trauma Team Leader**, Addiction and Lifespan Development Lab at Rutgers Center of Alcohol and Substance Use Studies  Graduate School of Applied and Professional Psychology, Rutgers University  *Mentor:* Matthew Lee, Ph.D.   * Apply the lifespan developmental perspective to assess patterns and predictors of substance use * Coauthor manuscripts; create and present conference posters * Manage the trauma team of 5 graduate and undergraduate researchers dedicated to examining mediators in the relationship between trauma and substance use disorders (SUDs) from a developmental perspective * Lead weekly meetings and mentor team members in research methods and data analysis * Spearhead project examining how early trauma impacts age-related patterns of adult drinking behavior in the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC) | | | | |
| Jun 2019 –Present | | | | **Research Assistant**, The Neurocognitive and Imaging Characterization of Adolescent Substance Use Disorders (NICAS) Lab & The National Institute on Drug Abuse (NIDA)  Division of Child & Adolescent Psychiatry, Johns Hopkins Hospital  *Mentor*: Christopher Hammond, M.D., Ph.D.   * Apply translational neuroscience, clinical, and epidemiological methods to inform etiology and treatment of SUDs and co-occurring disorders * Write and edit manuscripts; prepare and present posters * Lead project examining PTSD symptom networks by trauma type in the NESARC * Train new lab members in study procedures, data analysis techniques, and scientific writing * Administer Mini-International Neuropsychiatric Exam and Wechsler Abbreviated Scale of Intelligence to assess for exclusion criteria under Dr. Hammond’s supervision * Run participants through study procedures (fMRI tasks, consent procedures, redcap surveys)   *Research for credit (3-9 hours/week); full-time (40-hours/week) Jun 2019 – September 2019* | | | | |
| **Peer-Reviewed Publications** | | | | | | | | | |
| 1. Lee, M., Yeung, E.W., Littlefield, A.K., Stephenson, A., **Kady, A**., Kwan, T., Chassin, L. and Sher, K.J (2022). A Lifespan Developmental Investigation of Marriage and Problem-Drinking Reduction. *Development and Psychopathology*. doi:10.1017/S0954579422000827 2. **Kady, A**.,\* Hammond, C.J.,\* Park, G., Vidal, C., Wenzel, K., & Fishman, M. (2021). Therapy Dose Mediates the Relationship Between Buprenorphine/Naloxone and Opioid Treatment Outcomes in Youth Receiving Medication for Opioid Use Disorder Treatment. *Journal of Addiction Medicine*. https://doi.org/10.1097/ADM.0000000000000861   *\** *AK and CJH authors contributed equally to the work.* | | | | | | | | | | |
| 1. Hammond, C.J., Park, G., **Kady, A**., Rathod, K., Rahman, N., Vidal, C., Wenzel, K., & Fishman, M. (2021). Sex-based Differences in Psychiatric Symptoms and Opioid Abstinence during Buprenorphine/Naloxone Treatment in Adolescents with Opioid Use Disorders. *Journal of Substance Abuse Treatment*, 108495. https://doi.org/10.1016/j.jsat.2021.108495 | | | | | | | | | | |
| **Grants and Awards** | | | | | |  | | |
| 2022 | | | Frank J. McGuigan Award for exceptional scholarly and research achievements, $6,000 | | | | | | |
| 2021 | | | Design Your Summer Experience Grant for PTSD Symptom Network Mapping of NESARC data, $1,000 | | | | | | |
| 2019 | | | National Network of Depression Centers (NNDC) Task Group 2019 Momentum Grant Award for “Marijuana and Cannabidiol Attitudes, Beliefs, and Behaviors Survey (MABS) Study” (Collaborator; P.I. Christopher Hammond), $10,000 | | | | | | |
| 2019 | | | National Network of Depression Centers (NNDC) Best Poster Award - Clinical Category, received at the 11th Annual NNDC Conference | | | | | | |
| **Conference Presentations** | | | | | | | | |
| 1. **Kady, A.**, Stephenson, A., Kwan, T., Lee, M. (2022, March). *Childhood and Adolescent Stress Predict Problem-Drinking Change in Different Periods of the Adult Lifespan: Results in a U.S.-Representative Sample* [Poster presentation]. Presented at The Society for Research on Adolescence Biennial Meeting, New Orleans, LA. 2. **Kady, A.**, Li, Y., Britton, T., Lee, M.R. (2021, November). *Problem-Drinking Across the Lifespan: Cross-Sectional Versus Longitudinal Effects Among Midlife and Older Adults* [Poster presentation]. Presented at The Gerontological Society of America 2021 Annual Scientific Meeting. 3. Hammond, C.J., Moon, Y.J., Fristad, M.,**Kady, A.**, Schneck, C.D., Sullivan, A.E., Batt, M.M.; Ghaziuddin, N., Leffler, J.M.; Singh, M.K.; Weinstein, S.; Hulvershorn, L.; Miller, L. (2021, October). *Impact of marijuana legislation on marijuana and cannabidiol related attitudes, perceptions, and behaviors among adolescents receiving mood disorder treatment in the United States* [Poster presentation]. Presented at the 13th Annual National Networks of Depression Centers Conference, Virtual**.** 4. **Kady, A.**, Park, G., Wenzel, K., Fishman, M., & Hammond, C.J. (2020, October). *Does Therapy Dose and Alliance Affect Treatment Outcomes in Youth Receiving Buprenorphine/Naloxone for Opioid Use Disorders?* [Poster presentation]. Presented at the American Academy of Child and Adolescent Psychiatry (AACAP)'s 67th Annual Meeting, Virtual. https://bit.ly/3rGTIGw 5. Hammond, C.J., **Kady, A.**, Park, G., Wenzel, K., & Fishman, M. (2020, October). *Depression severity is associated with long-term opioid abstinence in youth with opioid use disorders receiving buprenorphine/naloxone treatment: 12-month outcomes* [Poster presentation]. Presented at the 12th Annual National Networks of Depression Centers Conference, Virtual**.** | | | | | | | |
| 1. Hammond, C.J., **Kady, A.**, Park. G., Matson, P., & Fishman, M. (2020, April 25-29). *Sex-Based Differences in Psychiatric Symptoms and Opioid Abstinence During Buprenorphine/Naloxone-Assisted Treatment in Adolescents with Opioid Use Disorders* [Poster presentation]. Invited to presentatAmerican Psychological Association Annual Conference, Philadelphia, PA. (Conference canceled due to COVID-19). 2. Hammond, C.J., Park, G., **Kady, A.**; Rathod, K., Rahman, N., Allick, A., Vidal, C.; Wenzel, K., & Fishman, M. (2019, Jan). *Sex Differences in Psychiatric Treatment Response During Extended- and Short-term Buprenorphine/Naloxone-assisted Treatment in Opioid-dependent Youth* [Conference presentation]. Presented at the 14th Annual Johns Hopkins Bayview Research Symposium, Baltimore, MD. 3. Hammond, C.J., Pollack, A., Miller, L., Park, G., **Kady, A.**, Wenzel, K., & Fishman, M. (2019, September). *Depressive symptoms and course are associated with early relapse in opioid-dependent individuals treated with extended-release naltrexone but not buprenorphine-naloxone* [Poster presentation]. Presented at the National Network of Depression Centers (NNDC) 11th Annual Conference, Virtual. 4. Hammond, C.J., Park, G., **Kady, A**., Pollack, A., Wenzel, K., & Fishman, M. (2019, July). *Depressive symptoms and course are associated with early relapse in opioid-dependent individuals treated with extended-release naltrexone but not buprenorphine-naloxone* [Poster presentation]. Presented at Johns Hopkins Department of Psychiatry and Behavioral Sciences Annual Research Potpourri, Baltimore, MD. | | | | | | | |
| **Clinical and Related Experience** | | | | | | | |
| Sep 2019 –Present | | | | | **Hotline Responder**, The Sexual Assault Resource Unit Hotline *(~9 hours/week)*   * Volunteer as a peer-listener for JHU’s 24/7 crisis hotline * Trained in empathetic listing and crisis intervention (adapted from RAINN’s hotline training) * Connect sexual assault survivors to counseling, medical, and reporting services * Trained in the ethics and the limitations of confidentiality | | | | | | |
| Jun 2019– Feb 2021 | | | | | **Notetaker**, Co-occurring Disorders in Adolescents and Young Adults (CODA) Clinic *(10 hours/week)*   * Shadowed Dr. Christopher Hammond, M.D., Ph.D. and observed CBT, MI, Family Therapy, etc. * Wrote S.O.A.P. notes on patients (ages 12-24) presenting with a range of psychiatric illnesses (e.g., anxiety disorders, mood disorders, disruptive disorders, etc.) and comorbid SUDs * Observed weekly clinical team meetings and integration of psychiatric and social work services * Gained knowledge about frontline pharmacological treatments for psychiatric illnesses and SUDs | | | | | | |
| **Other Mental Health-Related Work** | | | | | | | | | | | |
| Sep 2018 –Jun 2021 | | | | **President**, Johns Hopkins Public Policy Consulting Group   * Researched policy solutions; advocated for legislation in meetings with Senators, Congressmen, and staffers * Delegated research tasks and set deadlines for research objectives * Executed 6 major research projects over 4 terms as president * Communicated with 25 club members in weekly updates; organized and led weekly team meetings * Mentored team members in workshops on presentation and speaking skills before D.C. trips * Focused on mental health advocacy with research projects to expand access to medication-assisted opioid use treatment, tele-mental health services, and psychiatric services in prisons * Created website and content for <https://www.publicpolicyconsulting.org/our-advocacy/opioid-epidemic> | | | | | | | |
| May 2021 –Present | | | | **Web Developer, Social Media Correspondent**, Common Elements of Treatment Approach (CETA) at the Department of Mental Health, Bloomberg School of Public Health   * Develop website and content for cetaglobal.org * Write custom CSS code to accomplish customized web design and unique features * Develop social media content for CETA’s Twitter and Facebook (e.g., publicize journal articles) | | | | | | | |
| Jan 2019 –Present | | | | **Yoga Instructor**, Johns Hopkins Center for Health Education & Well-Being   * Teach Mindful, Mindful Vinyasa, and Restorative yoga classes * Employ Trauma-sensitive yoga principles from the Trauma Center Trauma-Sensitive Yoga * Lead workshops on mindfulness and meditation for campus events and organizations | | | | | | | |
| **Skills** | | | | | | | | | | | |
| **Computer**: SPSS, R, RedCap, Qualtrics, Microsoft Excel, Web Development (CSS, Squarespace, Weebly, Wix, Google Sites), Reference Managers (Zotero, Mendeley, RefWorks)  **Research Certifications**: *NIDA/NIH Training Battery*: Laboratory Safety, NIH Information Security Awareness Course, NIH Privacy Awareness and Records Management Awareness Courses, etc.; *Johns Hopkins Medicine (JHM) Research Training Battery*: EPIC training for research coordinators, Telemedicine, IRB Training, HIPAA  Training, Clinical Research Management System; Opioid Epidemic Awareness and Education Program Training  **Clinical Skills:** Trained to administer and score the MINI, WASI, and WISC; Participated in workshop on Integrating Motivational Interviewing into Evidence-Based Treatment for Trauma  **Other Certifications:** Yoga Alliance200-hour Yoga Teacher Training, Trauma-Sensitive Yoga Training | | | | | | | | | | |