

## PROFESSIONAL PROFILE

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I am a highly motivated recent graduate in clinical psychology who is committed to research and the contribution it can make to improving the lives of individuals. I am currently a Scientia PhD Candidate at UNSW Sydney.

I have a diverse range of experiences in both research and clinical roles and seek to further my skills and knowledge in these areas.

## TERTIARY EDUCATION

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- 2019- present      **Doctor of Philosophy (Scientia Candidate)**  
**School of Women's and Children's Health, Faculty of Medicine**  
**University of New South Wales**  
Thesis topic: Improving mental health care for children with a congenital heart disease.
- 2015- 2016        **Master of Clinical Psychology**  
**University of Technology Sydney**
- 2009 - 2013       **Bachelor of Science (Honours)**  
**University of Sydney**  
First Class Honours  
Majors: Psychology and Neuroscience

## PROFESSIONAL & VOLUNTARY WORK EXPERIENCE

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- April 2017 –  
September 2019      Research Assistant, Centre for Developmental Psychiatry and Psychology, Monash University  
**Project:** Social outcomes and the emotional and behavioural well-being of adults with autism  
**Tasks:** Data collection for a research project on the outcomes of adults with autism, interviewing 80+ participants and their families using validated measures (SCID, WASI and ADI-R); data entry and management using Excel and SPSS; contact with participants; literature reviews; mental health reviews.
- March 2014-  
December 2017      Research Assistant, Faculty of Health Sciences, University of Sydney  
**Project:** Prosody in children and adults  
**Tasks:** Data collection for an ARC funded research project on speech production, testing 300 children and adults aged between 3-18+ for speech related research; data entry and management using SPSS and Excel; liaising with schools; performing acoustic analysis; recruiting participants.  
**Project:** Aphasia in stroke patients  
**Tasks:** Data collection with stroke patients for aphasia related research, performing neuropsychological tests, management of large databases on FileMaker Pro and Excel, performing acoustic analysis.
- October 2016-  
December 2016      Psychologist (Provisional), Department of Psychological Medicine, Children's Hospital at Westmead (Supervisor: Dr Phil Ray)  
**Tasks:** Neuropsychological assessments with children with developmental disabilities and diverse clinical needs, preparation of comprehensive reports, assistance with literature searches.

- July 2016-  
November 2016 Psychologist (Provisional), Health Psychology Unit, University of Technology, Sydney  
(Supervisor: Dr Danielle Ellis)
- Tasks:** Therapeutic interventions (Parent Management Training) with children and families with a diagnosis of Oppositional Defiant Disorder and comorbid diagnoses. Other tasks include comprehensive clinical interviews, research recruitment, literature reviews and reliability checks for a large-scale research study.
- February 2016-  
June 2016 Psychologist (Provisional), Comprehensive Psychology Assessment Centre  
(Supervisor: Istvan Schreiner)
- Tasks:** Comprehensive cognitive assessment with children and adults to assess for the presence of various conditions such as intellectual disabilities, specific learning disabilities, and ADHD. Preparation of psychological and cognitive reports.
- June 2015-  
June 2016 Psychologist (Provisional), University of Technology Sydney  
(Supervisor : Toby Newton-John and Robert Brockman)
- Tasks:** Psychological counselling in a community clinic setting based at a university; delivering evidence-based treatments including Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, and Dialectical Behaviour Therapy.
- September 2013-  
November 2015 Junior Behavioural Therapist, (in conjunction with The Lizard Centre and Momentum Learning Services)
- Tasks:** Performing Applied Behavioural Analysis (ABA) therapy for an autistic child; improving cognitive, behavioural, communication and play skills, attending clinic meetings and recording extensive data about child's progress.

## **PUBLICATION AND CONFERENCE HISTORY**

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Phillips, K., Brockman, R., Bailey, P. E., & Kneebone, I. I. (2019). Schema in older adults: does the schema mode model apply?. *Behavioural and cognitive psychotherapy*, Advanced online publication.

Phillips, K., Brockman, R., Bailey, P. E., & Kneebone, I. I. (2019). Young Schema Questionnaire–Short Form Version 3 (YSQ-S3): Preliminary validation in older adults. *Aging & mental health*, 23(1), 140-147.

Phillips, K., Hersch, J., Turner, R., Jansen, J., & McCaffery, K. (2016). The influence of the 'cancer effect' on young women's responses to overdiagnosis in cervical screening. *Patient education and counseling*, 99(10), 1568-1575.

Phillips, K., Brockman, R., Bailey, P.E., & Kneebone, I.I. (2017, July). A preliminary validation of the Young Schema Questionnaire in older adults. Poster presented at the 45th Annual Conference & Workshops for the British Association for Behavioural and Cognitive Psychotherapies, Manchester, UK.

Phillips, K., Hersch, J., Turner, R., Jansen, J., & McCaffery, K. (2014, September). Exploring the 'cancer effect': On views about overdiagnosis and overtreatment in cervical screening among young women. Poster session presented at the annual Preventing Overdiagnosis conference, Oxford, UK.

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## **FURTHER TRAINING AND AWARDS**

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- December 2017 ADOS-2 Advanced Training
- October 2017 ADOS-2 Introductory Training
- December 2015 Introduction to Mindfulness Integrated Cognitive Behavioural Therapy (8 weeks)
- August 2013 ABA Introductory Training Workshop (2 days) at the Lizard Centre
- December 2010 Inaugural recipient of the Mahony Award for Youth Achievement (MAFYA). The reward recognises the efforts and enthusiasm of Young Scientists Australia members under 21 years.
- 2008 Premier's Award for All-round excellence in the NSW Higher School Certificate

## ACCREDITATIONS

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- Registration with the Australian Health Practitioner Regulation Agency
- Current Member of the Australian Psychologist Society
- Current Working with Children Check (NSW)

Referees available on request.