UCLA HEALTH PSYCHOLOGY LECTURE SERIES

Winter 2016 Psychology 425 Wednesday, 12-12:50 p.m. 5461 Franz Hall

DATE	<u>Presenter</u>	TITLE
1/06/2016	Annette Stanton, Ph.D.	Introduction to Health Psychology
	Professor Department of Psychology, UCLA	*Please note: this first meeting will be open to only those students enrolled in 215A.
	A. Janet Tomiyama, Ph.D. Assistant Professor Department of Psychology, UCLA	
1/13/2016	Christine Dunkel Schetter, Ph.D. Professor Department of Psychology, UCLA	Stress Processes in Pregnancy: Biopsychosocial Influences on Birth and Beyond
1/20/2016	Ted Robles, Ph.D. Associate Professor Department of Psychology, UCLA	Where are the Social Relationships in Healthy People 2020?
1/27/2016	Rena Repetti, Ph.D. Professor Department of Psychology, UCLA	Putting Family Relationships Under the Microscope
2/3/2016	A. Janet Tomiyama, Ph.D. Assistant Professor Department of Psychology, UCLA	Stress and M&Ms: Biobehavioral Causes and Consequences of Eating
2/10/2016	Michael R. Irwin, M.D. Cousins Distinguished Professor of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine, UCLA Distinguished Professor of Psychology, College of Letters and Sciences, UCLA	Optimizing Sleep-Health with Mindful Awareness Practices: Implications for Depression and Inflammation
2/17/2016	Julie Bower, Ph.D. Associate Professor Department of Psychology, UCLA	Mind-body Interactions and Interventions
2/24/2016	Bruce Naliboff, Ph.D. Co-Director Oppenheimer Family Center for Neurobiology of Stress and Research Professor Departments of Medicine and Psychiatry, David Geffen School of Medicine, UCLA	Pain: Puzzles, Mechanisms and Treatment
3/2/2016	Mary Davis, Ph.D. Professor Department of Psychology, College of Liberal Arts and Sciences, ASU	Psychological Vulnerability, Resilience, and Adaptation to Stress
3/9/2016	NO SESSION: American Psychosomatic Society meeting	

This interdisciplinary seminar is sponsored by the UCLA Health Psychology Program (Department of Psychology). Interested persons are encouraged to attend any or all of these sessions. The seminar is also offered for two credits per quarter. For additional information, please contact Professor A. Janet Tomiyama (310) 206-6875 or tomiyama@psych.ucla.edu)